

# GLUTEN FREE MENU



## ANTIPASTI

**TRIPLE COOKED CHIPS (v) | \$8**  
Tomato sauce

**TOMATO BRUSCHETTA (v) | \$13**  
Tomato, onion, basil & balsamic glaze on toasted gluten free bread

## SIDES/SALADS

**MEDITERRANEAN SALAD | \$16**  
Grilled chicken tenders, roasted capsicum, olives, red onion, tomato & mesclun lettuce

**FENNEL & ORANGE SALAD (v) | \$7**

**PATATE AL FORNO (v) | \$6**  
Garlic & rosemary baked chat potatoes

**GRILLED BROCCOLINI (v) | \$7**  
Sauteed almond flakes & garlic

## PASTA + MAINS

*all pastas come with Gluten Free Penne Pasta & is cooked in the same water as our regular pasta*

**BEEF BOLOGNESE | \$21**  
Beef bolognese sauce & pecorino cheese

**POMODORO (v) | \$19**  
Pomodoro sauce, pecorino cheese

**MARINARA | \$23**  
Prawns, clams, mussels pomodoro sauce & parsley

**TRUFFLE PASTA (v) | \$20**  
Truffle cream sauce, mushrooms & crispy sage

**CREAMY CARBONARA | \$19**  
Bacon, mushrooms, red onion, garlic, cream, white wine & pecorino cheese

**MEDITERRANEAN (v) | \$19**  
Capsicum, mushroom, olives, red onion, garlic, basil & napoletana sauce

**CHILLI MUSSELS | \$20**  
(mild, medium or hot) with pomodoro sauce & toasted gluten free bread

**MUSHROOM RISOTTO(v) | \$21**  
Wild mushroom, pea & parmesan

**SCOTCH FILLET | \$31**  
Served with broccolini, roasted garlic & rosemary chat potatoes & caponata (sauteed capsicum, onion, eggplant, garlic & pomodoro sauce)

**BARRAMUNDI | \$28**  
Crispy skinned barramundi, orange & fennel salad, polenta bites & seasonal char grilled vegetables

## COELIAC FRIENDLY

*we can not guarantee no contamination as our kitchen handles gluten*

**MEDITERRANEAN SALAD | \$16**  
Grilled chicken tenders, roasted capsicum, olives, red onion, tomato & mesclun lettuce

**FENNEL & ORANGE SALAD (v) | \$7**

**PATATE AL FORNO (v) | \$6**  
Garlic & rosemary baked chat potatoes

**GRILLED BROCCOLINI (v) | \$7**  
Sauteed almond flakes & garlic

**TOMATO BRUSCHETTA (v) | \$13**  
Tomato, onion, basil & balsamic glaze on toasted gluten free bread

**CHILLI MUSSELS | \$20**  
(mild, medium or hot) with pomodoro sauce & toasted gluten free bread

**MUSHROOM RISOTTO (v) | \$21**  
Wild mushroom, pea & parmesan

**SCOTCH FILLET | \$31**  
Served with broccolini, roasted garlic & rosemary chat potatoes & caponata (sauteed capsicum, onion, eggplant, garlic & pomodoro sauce)

**BARRAMUNDI | \$28**  
Crispy skinned barramundi, orange & fennel salad & seasonal char grilled vegetables

## PIZZA

**GLUTEN FREE PIZZA BASE | +\$4**  
\*all pizzas may contain traces of gluten

Please view our regular menu for pizza options!

## DESSERT

*both gluten free & celiac friendly*

**GELATO | \$2 per scoop**  
Vanilla, chocolate, hazelnut or banana

**DAIRY FREE GELATO | \$3 per scoop**  
Salted caramel, vanilla or coconut & mango

not all ingredients are listed, please inform us of any dietary requirements

# VEGAN MENU

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## ANTIPASTI

### GARLIC FOCACCIA | \$9

Wood fired oven garlic focaccia

### TRIPLE COOKED CHIPS | \$8

Tomato sauce

### TOMATO BRUSCHETTA | \$13

Tomato, onion, basil & balsamic glaze on toasted ciabatta

## SIDES/SALADS

### MEDITERRANEAN SALAD | \$12

Roasted capsicum, olives, red onion, tomato & mesclun lettuce

### FENNEL & ORANGE SALAD (gf) | \$7

### PATATE AL FORNO (gf) | \$6

Garlic & rosemary baked chat potatoes

### GRILLED BROCCOLINI (gf) | \$7

Sauteed almond flakes & garlic

## MAINS

### MUSHROOM RISOTTO (gf) | \$21

Wild mushroom & pea

### GNOCCHI POMODORO | \$19

Potato gnocchi, pomodoro sauce & fresh basil

### MEDITERRANEAN PASTA | \$19

Penne with capsicum, mushroom, olives, red onion, garlic, basil & napoletana sauce

### MARGHERITA PIZZA | \$20

Vegan mozzarella, tomato base & fresh basil

### VEGETARIANA PIZZA | \$24

Vegan mozzarella, artichokes, roasted tomatoes, red onion, capsicum, kalamata olives

### TARTUFATA PIZZA | \$23

Vegan mozzarella, mushrooms, truffle cream & parsley

### CALZONE ORTALANO | \$25

Vegan mozzarella, mushroom, artichokes, red onion, capsicum, kalamata olives & garlic oil

## DESSERT

### SFINCI | \$9

Italian donuts with cinnamon sugar

### DAIRY FREE GELATO | \$3 per scoop

Salted caramel, vanilla or coconut & mango

not all ingredients are listed, please inform us of any dietary requirements

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